Track: 2021-07-24 Le direttissime del Velino — **Date: 24/07/2021**

Track: 2021-07-24 Le direttissime del Velino	**IBP = 158 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.93 Km
Analyzed distance	11.93 Km
Lineal distance	0.02 Km

Accumulated climb	1576.4 m
Accumulated descent	1556.3 m
Maximum height	2486 m
Minimal height	910 m
Climb rate	29.51 %
Descent rate	23.76 %
Positive climb difference per km	132.14 m
Negative descent difference per km	130.45 m

Total time	6:04:32 h
Time in movement	4:23:02 h
Stopped time	1:41:30 h

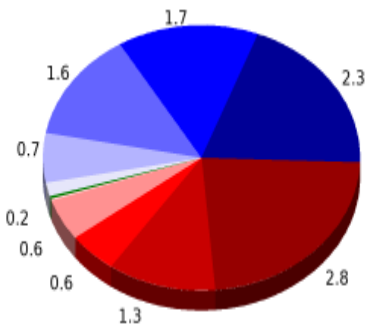
Total speed average	1.96 Km/h
Average speed in movement	2.72 Km/h
Maximum held speed	7.62 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	759 (cad. 15.71 m)
Significant points	319 (cad. 37.5 m / 42.03 %)
Aberrant points	173 (22.79 % d. total)

Direction changes per km	14.5
Direction changes >5° per km	13.5
Accumulated straight stretches	0.946 Km
Straight stretches per km	79.3 m
Penalizables slope changes	6
Penalizables slope changes per km	0.503

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Summary of slopes



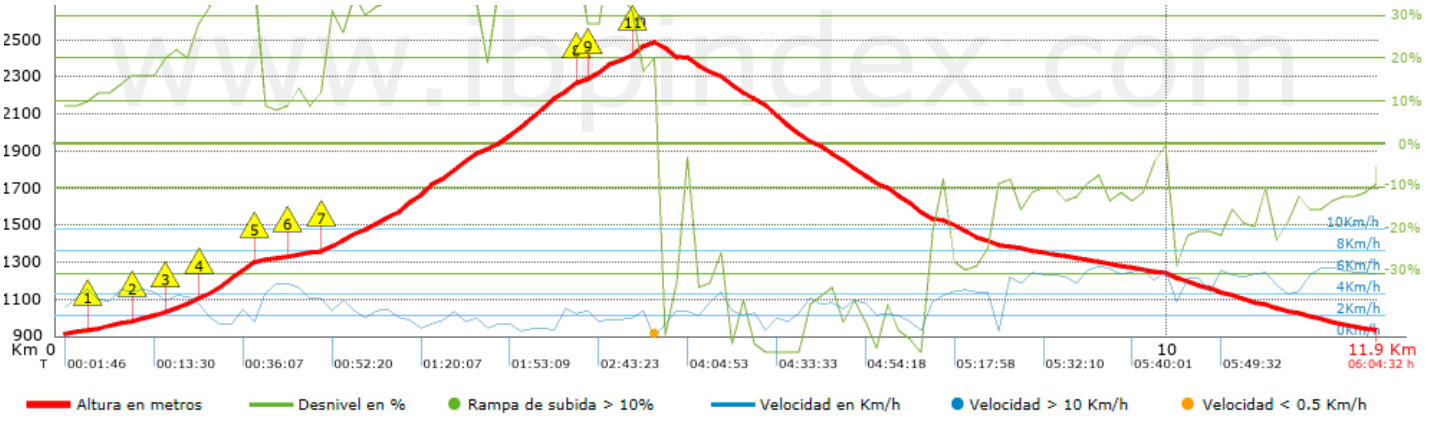
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.783	23.33	1.78	1:33:44
	Between 15 and 30%	1.331	11.16	2.6	0:30:41
	Between 10 and 15%	0.551	4.62	3.84	0:08:37
	Between 5 and 10%	0.639	5.36	3.64	0:10:32
	Between 1 and 5%	0.039	0.33	2.62	0:00:54
	Total :	5.342	44.8	2.22	2:24:28
	Plain				
	Difference of 1%	0.034	0.29	6.14	0:00:20
	Breakdown descents				
	Between 1 and 5%	0.212	1.77	3.77	0:03:22
	Between 5 and 10%	0.737	6.18	5.87	0:07:32
	Between 10 and 15%	1.573	13.19	5.82	0:16:13
	Between 15 and 30%	1.712	14.36	4.38	0:23:29
	Between 30% and 55%	2.315	19.41	2.05	1:07:38
	Total :	6.549	54.92	3.32	1:58:14
	Total track :	11.93	100 %	2.72	4:23:02

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.228	12 %	388 m
2	0.616	16 %	306 m
3	0.923	22 %	325 m
4	1.248	39 %	528 m
5	2.112	12 %	163 m
6	2.396	40 %	2239 m
7	4.635	30 %	97 m
8	4.732	33 %	452 m
9	5.183	44 %	37 m
10	5.22	27 %	126 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	1420.655	11.91	0:44:29	1.92	0:57:29	1:41:58	0.84
2000	1133.46	9.5	0:31:30	2.16	0:31:02	1:02:32	1.09
1750	1294.442	10.85	0:40:45	1.91	0:03:02	0:43:47	1.77
1500	1342.794	11.26	0:39:54	2.02	0:05:59	0:45:53	1.76
Total :	5.191 Km	43.53 %	2:36:38 h	1.99 Km/h	1:37:32 h	4:14:10 h	1.23 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.221	0:02:55	1644	1:17:12	1:17:12	3.221
3.818	0:03:02	1903	1:42:33	0:25:21	0.597
4.094	0:12:37 > 10´	1999	1:55:24	0:12:51	0.276
4.276	0:14:57 > 10´	2079	2:12:58	0:17:34	0.182
5.314	0:57:29 > 10´	2469	2:58:31	0:45:33	1.039
6.28	0:03:28	2181	4:24:40	1:26:09	0.966
7.687	0:03:04	1603	5:08:44	0:44:04	1.407
8.431	0:03:58	1396	5:23:30	0:14:46	0.744
Total :	1:41:30 h				

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